



Understanding Gender-Dominated Fields

BACKGROUND:

Please consider the following resources:

- Research: How Bias Against Women Persists in Female-Dominated Workplaces HBR
- 5 Ways to Improve Gender Equality in The Workplace World Economic Forum
- Make Yourself Heard HBR
- Male Vs. Female Leadership Styles Hull Online
- 7 Ways Women can Thrive in a Male-Dominated Workplace Forbes

DISCUSSION:

Please discuss how gender dominance exists in the workplace and what techniques and resources can be used to build confidence and help elevate others:

FOR THE MENTOR:

O How have you experienced gender inequality in the workplace; if so, what are some specific examples? What are the qualities of a work environment that appreciates and rewards both male and female leadership qualities equally? What are the differences between how different genders approach the following topics: leadership, success and productivity in the workplace, engagement in conversation and offering ideas/perspective, likeability and general expectations of behavior? Are there any other resources (i.e. podcasts, books, etc.) you have used to make you more socially aware?

• FOR THE MENTEE:

 How have you experienced gender dynamics in your classes or internships? Is your field of study predominantly one gender? Try to think of a couple of experiences that have been stereotypical to gender norms and how you handled the situation.